

DREAMS OF GAIA TAROT

POCKET EDITION
EXPANDED GUIDEBOOK

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For my children, Zach and Jenna.

*You are my light,
and my greatest teachers.*

INTRODUCTION

Dreams of Gaia Tarot is for those who desire unity within themselves, their relationships, and with heaven and earth. It is for those who wish to explore, and develop a keener understanding of 'self', as well as those who seek to commune with the spirit realms and the Divine.

The philosophy of the cards is simple – to seek, to feel, to grow, and to heal.

Seek: Reveal the answers to the questions within. Learn who you were, who you are, and who you wish to become. The tarot will help you communicate with the Divine and your inner self, know your conscious mind, and explore the unconscious forces – the hard-wired beliefs and patterns that influence your behaviour and choices. Knowledge is power. Self-knowledge and awareness are the keys to empowerment.

Feel: Delve into the watery realms of emotion, and begin to understand why you feel and react as you do. The tarot will help you shine a light on your emotions. It will also allow you to explore the depths of those emotions, and embrace the beautiful and powerful awareness that your responses and reactions are a natural part of who you are, but also within your power to control and change.

Grow: You are in a constant, cyclic state of growth and change. Growth and evolution are both inevitable and unavoidable, yet so many fear and resist change, despite the fact that life itself is both a transformative and a transmutative process. The tarot will help you to recognise when a time of growth and change approaches, and respond to it with increased confidence. You are here to live and experience life – to fear less and meet your fullest potential.

Heal: There are experiences in your past that can do harm in your present – because you have bound them to you by holding on to the emotions and beliefs they have fostered. These bonds are the foundation of all that limits and restricts you in the present, and all that prevents you from moving forward with confidence and trust. Awareness will help you heal and let go.

Dreams of Gaia Tarot will help you to rediscover your ancient and eternal connection with Gaia and the Great Spirit. Regular use of the deck will bring insight and understanding.

This life is your journey of undoing, being, and becoming. Choose your path with the knowledge that all that manifests in your present is born of choices made in the past, and all that manifests in your future is born of choices made in the present. In this way, you will create a present, and future, in harmony with your dreams and heart's desire.

On to the Tarot

Getting Started

There are two tasks you should perform before you attempt a reading. The first task is to transfer your energy to the deck. This is done by handling the cards, sleeping with them, or carrying them around on your person. Play with them. Familiarise yourself with the artwork. Shuffle them. Order them. Consecrate them. Make them yours.

The second task is to read this guidebook. *Dreams of Gaia Tarot* is not a traditional tarot. It does not adhere to the path of existing tarots, but instead, creates a path of its own. The unique nature of the deck requires that you take time to learn the meanings of each card. Once you have become familiar with them, you will be able to rely less on the book and more on your intuition.

Your Inner Voice

The voice you hear inside your head – your inner voice – is, in essence, the conscious element of your mind or ego communicating with you. Get to know it. Listen to your inner dialogue. How that voice speaks to you and what it says can often reveal the unconscious thoughts and emotions that influence your life. Is the voice positive and happy? Or is it critical and judgemental? Does your inner chatter focus more on the tasks you need to perform, or on the things you would rather be doing? Does your inner voice speak only now and again, or is your mind full of incessant chatter? Listening – being mindful of your inner voice – will give you more insight and awareness of your mental and emotional state.

Performing Regular Readings

In order to familiarise yourself with the cards and become more confident with them, try to perform regular readings. The readings do not have to be complex or complicated. A simple one-to-three card reading once a week is fine. Readings do not need to be formal, but can be employed as the focus of a simple form of meditation. Sit with the cards, handle them, pick a

random card, meditate on the artwork and the meaning, and write down your thoughts. You can choose one card or several, but always take the time to listen to the cards and your inner voice. As you become more confident in your understanding and connection to the cards and more conscious of your inner voice, the cards will reveal more.

How to Ask a Question

First and foremost, you must understand that when using the tarot to determine answers to a question, you will not receive a yes or no answer. The more cards you draw, the more complex and multi-layered, and many-faceted the response will be. At times, the answers may seem both cryptic and confusing, especially if your question is unclear.

Your question should be precise and focussed. Keep it simple and to the point, without framing an answer to your question within the question.

Example 1: I have received an invitation to a networking event. I do not want to attend, but I know the person who invited me will be upset if I do not, and I don't want to upset them. I will attend, yes?

In Example 1, the person asking the question knows the person who invited them will be upset by their choice not to attend, and they state that they do not want to upset them. The answer to their question is within the information they have offered.

Example 2: I have received an invitation to a networking event. While I would not normally attend due to my being shy and introverted, I would like to know if there are personal or professional reasons why I should step out of my comfort zone and attend?

In Example 2, the question sticks to the facts. The person has received an invitation. They would not normally attend this kind of event because they are shy and introverted. However, they are curious to know if there's a reason why they should step out of their comfort zone and attend. In this example, the question is how or if their attendance will benefit them. They are the focus of the question.

When asking a question:

- Try to avoid asking a question in a manner that makes it clear that you already have an answer in mind.

- Try to frame your questions in a positive manner.
- Keep it concise and try to stick to facts.
Avoid asking why you have failed or why something went wrong. Instead, ask what you can do in order to achieve the outcome you most desire.
- Keep it personal. Be sure to keep yourself as the subject within your question. For example, if you have been caught up in a conflict with a friend or co-worker, do not ask why they are upset with you; instead, ask what you can do to resolve the difficulty.
- Write your question down. A question that is written will always be more clear and precise than one simply voiced within the mind.

As you become more familiar with the cards, and how each card relates to you and your situation, you can also perform an open-ended reading with no specific question in mind. This type of reading can be particularly helpful for those who are entering a period of change or transition and seeking guidance.

Whatever type of reading you do, think of the reading as you would a conversation. When we talk to our friends, we usually begin with small talk before moving on to deeper, more personal issues. Do the same with the tarot. Draw your cards and allow them to take you on a journey. Your conversation with the cards may help you see your situation from another perspective, and present you with ideas and opportunities that you had not previously considered.

The tarot is a wise friend who does not tell you what to do, but, instead, reveals options and perspectives you may have never considered. Look to the cards for possibilities, for choices, but not for absolutes.

Devote Time to the Reading

Allow the cards to speak. Do not rush your readings. Take the time to sit, visualise, and go within each card. Listen to what they say and how they make you feel. Pay attention to the thoughts that come to mind, and take notes that you can refer to later.

After the Question Has Been Asked

Allow the information offered to be absorbed. If you have asked a specific question, do not be tempted to do another reading on the same topic in the same day. Allow 24 to 48 hours for the information to process and for further questions to formulate.

Keeping a Tarot Journal

Keeping a tarot journal is so helpful – essential, really – especially for beginners, as it allows you to establish a recorded history of your readings. Within that history, patterns will emerge. You will be able to see if the same situations, problems, or opportunities have a habit of repeating themselves, and how you respond and react to them. The journal will show you if one or more cards appear in your readings time and time again, and can bring your attention to any issues you may be avoiding or not seeing.

Write everything down. Your journal should contain your initial questions, as well as details of each reading and your thoughts and feelings about it.

The Tarot as a Mirror

The tarot is a mirror, both of life and of the individual.

Just as it is in life, so it is in the tarot: no single moment or experience is free of influence from internal or external sources. We are energetic beings. All matter is energy, and the energy of one can, and does, influence the energy of another. Everything within your environment is influenced by you, just as everything within your environment can influence you in subtle or profound ways.

The tarot, too, is influenced by your energy and the energy around you, and will show you a reflection of your life, just as a mirror will show you a reflection of yourself. But, just as we sometimes look in the mirror and see only what we want to see, the tarot will sometimes only show what it feels we are willing to accept. Remember, the eyes see only what the mind is willing to conceive.

For the tarot to be of greatest help, we must be willing to look deeper and to acknowledge what we may not wish to see. There will be times when a card or an entire spread will offer options we do not like, or reveal ideas, perspectives, and truths we want to reject. It is important to remain open-minded and trust that we are only being shown because it is time and we are strong enough to accept the truths the tarot reveals. To get the best out of a reading, we must let go of our own projections, preconceived ideas, expectations, and fears, and trust in the information offered.

We are not always going to get pretty, sugar-coated, glossy readings that are full of positive cards and affirming messages. But we will be offered an impartial and objective point of view that will benefit us the most if we are willing to look closely at what is offered with the same impartiality and honesty.

The Deck Structure

Dreams of Gaia Tarot is made up of a 25-card major arcana and a 56-card minor arcana comprising four elemental suits of 14 cards each. The major arcana does not use the archetypes generally used by other current and traditional tarots. However, it still embraces many common archetypes. For example, the Empress and Emperor have been replaced by the Mother and Father, while the High Priestess and the Hierophant have been replaced by the Crone and the Sage. The Devil makes way for the Desire card, which explores and discusses the effect of primal wants and desires on our ability to weigh our choices and act upon them.

The Major Arcana

The major arcana is broken up into four groups: The Choice Card, Stages of Life, Reasons for Being, and Influences.

The Choice Card

This is the single most important card in the deck, for the very premise of *Dreams of Gaia Tarot* is that everything comes back to choice. All that we are, and all that we become, is governed by the choices that we and those around us make, and how they, in turn, create and influence our reality.

The remaining 24 cards of the major arcana are broken up into three groups of eight cards. They are as follows:

Stages of Life

There are eight Stages of Life cards in *Dreams of Gaia Tarot*. They are based on the following principle archetypes and events – the Child, Maiden, Youth, Mother, Father, Crone, Sage, and Death/Rebirth. Regardless of gender or age, we all possess these archetypal qualities, and we are all bound by the cyclic nature of beginning and end, creation and destruction. These cards represent moments and events that shape our lives, and innate facets of our nature that have an influence on our environment, our relationships, and how we perceive the world around us, in general.

Reasons for Being

There are eight Reasons for Being cards – Knowledge, Wisdom, Love, Healing, Union, Self, Abundance, and Destiny. We are here to seek and to feel, to grow and to heal. Our primary reason for being is to experience life, both the good and the bad, but we are also here to learn and gain knowledge, to grow wise, to experience love in all its forms, and to find healing and unity. We are here to find our true self, to create abundance, and to fulfil our personal and chosen destiny.

Influences

While it is true that the events we are experiencing now, and our reasons for being can and do influence our ability to see opportunities and make choices, there are another eight key elements that play a defining role in influencing us for better or worse. These are Journey (our life experiences to this moment), Thought, Emotions, Perception (the way we perceive our reality), Integrity, Intuition, Faith, and Desire.

Keywords, Key Phrases, and Questions to Consider

The card illustrations provide a vital role in exploring the symbolism of the tarot; however, it is important to pay attention to the keywords and key phrases on each of the cards, as they constitute an initial starting point for your reading. They are so named because they are the 'keys' to discovering the answers you seek, offering the clearest, most concise idea of each card's message and core attributes. By focussing on them and the questions they raise, you will strengthen your intuition and self-awareness.

Take the time to understand each card's essence and, if you wish to, take a moment to consider whether the questions offered with every card meaning could also help you to determine your answer or best course of action.

The Minor Arcana

The structure of the minor arcana of *Dreams of Gaia Tarot* is elemental in nature. There are four suits – Earth, Air, Fire, and Water – with fourteen cards in each. They are numbered Ace through 10, with one 'alignment' or 'balancing' card, and three court cards. The traditional King and Queen remain, but within each suit there is also a figure that stands beside the throne. For the suit of Earth, it is the Seneschal – the keeper of the keys to the kingdom. The Scribe – keeper of knowledge, information, law, and tradition stands beside the King and

Queen of Air. The Hero – champion, warrior, and protector – stands at the side of the King and Queen of Fire, while the emotionally wise and empathetic Counsellor gives guidance to the King and Queen of Water.

The role of each suit is very specific. The Earth cards address the subject of home, family, and career. The Air cards are associated with the mind – thoughts, beliefs, ideas, imagination, and reality. The Fire cards are action cards, and address the physical acts of being and doing. The Water cards represent the realm of the emotions, and address the subjects of feelings, reactions, and behaviour.

Card Spreads

The Guide Spread

This is a simple, one-card reading that can be performed on a daily or nightly basis. The card you draw can serve as your guide for as long as you have need of it.



The Union Spread

Once you have settled yourself and shuffled the cards, draw one card and place it on the table or ground before you. Now draw a second card and place it to the right of the first. Finally, draw a third card and place it below the first two.

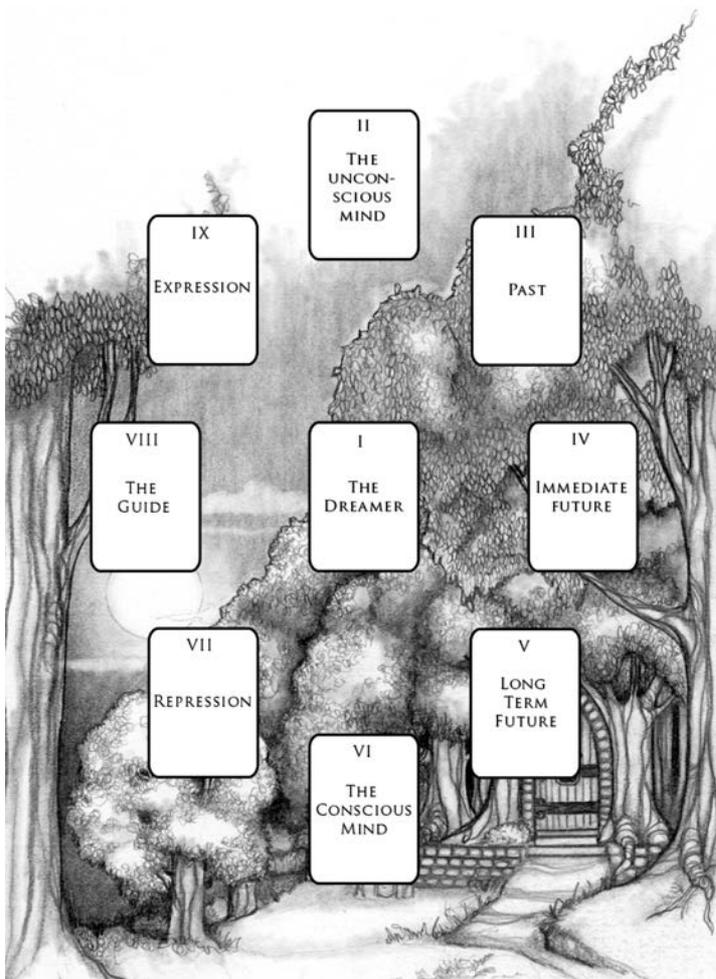
The first card, the card on the left, is the Focus card, and represents a facet of yourself that needs to be addressed. Reflect on the message of the card. It may be relating to avoidance around the resolution of a specific matter, or may simply be serving to highlight that your attention, for good or ill, is focussed on an issue that this card relates to.



The card on the right is the Soul card, and represents a facet of yourself that is one of your strengths. You may still need to address a situation or circumstance that this facet influences (especially if the card appears reversed), but it is an aspect that you are capable of addressing, and the Soul card will bring you knowledge that will help you on your journey.

The final card is the Let Two Be One card, and will present you with a course of action that may allow you to marry the information offered by the Focus and Soul cards and achieve wholeness and balance.

The Dreamer's Spread



The purpose of the Dreamer's Spread is to delve into the mind, and shine a light upon the dreams and hopes of you, the Dreamer.

Before you begin, take several deep, slow, and calming breaths, while holding the cards in your hands. Once you have stilled yourself, shuffle the cards and place them as outlined below.

I. The Dreamer

This card represents you, the Dreamer, and is a reflection of what resides in your present vibration.

II. The Unconscious Mind

What dwells within your unconscious mind? Is it in harmony with your present vibration?

III. Past

Your past has shaped you. What from your past is influencing your choices in the present?

IV. Immediate Future

This is the energy of your environment that affects and influences your immediate future.

V. Long-Term Future

This is the energy of your environment and of yourself that affects and influences your long-term future, your goals, and dreams.

VI. The Conscious Mind

What dwells within your conscious mind and is driving thoughts, feelings, and overall perception? Is it in harmony with your overall energy and unconscious mind?

VII. Repression

A potential blockage: this is an energy or influence that you are avoiding, or is in need of strengthening, in order to help make your dreams a reality. Whether the card falls upright or reversed, this card symbolises something that needs addressing, as it has too much, or too little, influence over you.

VIII. Guide

A potential guide or energy, this will strengthen you, and work with any blockages.

IX. Expression

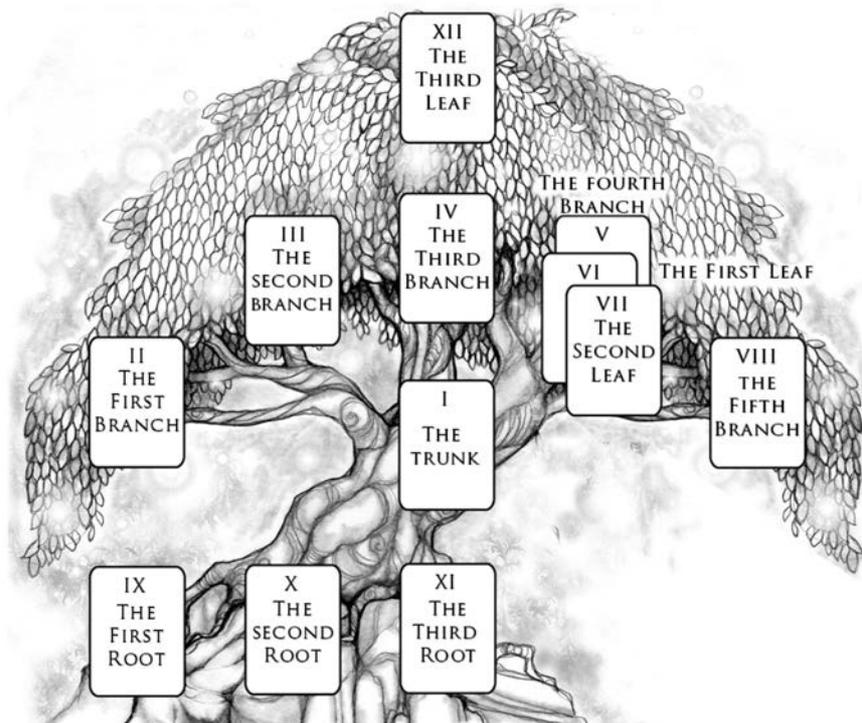
This is the key to unlocking a potential direction for your creative flow.

The Dreaming Tree Spread

The Dreaming Tree Spread is a complex reading that allows the reader to have an in-depth conversation with the self and the Divine. Before you read, make sure you are comfortable and relaxed. Take several deep and cleansing breaths while holding the cards, before shuffling and placing them before you, as discussed below.

I. The Trunk. Represents you, the Seeker.

II. The First Branch. The current mood or energy in your environment at the time of the reading.



III. The Second Branch. A possible strength or weakness that may impact upon the present.

IV. The Third Branch. The present.

V. The Fourth Branch. The first of three choices or possible courses of action for the present or future.

VI. The First Leaf. The second of three

choices or possible courses of action for the present or future.

VII. The Second Leaf. The third of three choices or possible courses of action for the present or future.

VIII. The Fifth Branch. The next few weeks ahead.

IX. The First Root. Someone or something from the present that may have influence.

X. The Second Root. Someone or something from the past that may have influence.

XI. The Third Root. Your subconscious feelings and thoughts.

XII. The Third Leaf. The next few months.

THE MAJOR ARCANA

0. Choice

Keywords: Choice, Options, Opportunity, Free Will, Self-Determination, Mindfulness, Manifestation, Cause and Effect, Reward, Consequence, Procrastination

Key Phrases

- Choice creates reality
- Belief is a choice
- Inaction is a choice
- The choice is yours
- Determine your direction
- The past has influence
- Choice offers reward or consequence
- Weigh your options
- Choose wisely
- Stop procrastinating
- Be responsible for your choices
- Awareness empowers

Questions to consider

What are the best and worst potential outcomes of this choice?

Am I seeing the opportunities available to me?

Will I regret not making this choice?

Does this choice empower or disempower me?

How will this choice affect my future?

I. The Child

Keywords: New Beginnings, Innocence, Magic, Divine Love, Trust, Hope, Forgiveness, Awareness, Potential, Anticipation, Dependency

Key Phrases

- A new beginning
- See your potential
- Heal emotional and psychological wounds
- Time to play and laugh
- Acknowledge your successes
- Delight in the moment
- Believe in magic
- Laughter heals
- Turn dreams into reality
- Forgive the past
- Reconnect with innocent pleasures
- Put doubt aside

Questions to consider

What is my greatest hope?

What is something I have experienced recently that made me laugh, or feel delight, wonderment, or awe?

What innocent pleasure have I made time for, or can I make time for, today?

Have I allowed past disappointments to make me less trusting and more cynical?

What fills me with a feeling of anticipation?

II. The Maiden

Keywords: Fertility, Independence, Self-Esteem, Confidence, Self-Expression, Self-Exploration, Self-Interest, Sexuality, Creativity, Selfishness, Co-Dependence, Timidity

Key Phrases

- Follow your dreams
- Discover your passions
- Focus on self-discovery
- Address self-imposed limits and restrictions
- Increased independence
- Seek your own answers
- Release feelings of fear and abandonment
- Craving attention
- Needing rescue
- Express goals and desires
- Be true to self
- Acting with empathy

Questions to consider

Am I waiting to be rescued?

How self-reliant am I?

Do I act with compassion, empathy, and respect?

Are my self-esteem and self-image healthy? Am I self-confident? If not, what steps can I take to increase my confidence?

Am I acting from a place of genuine love and a desire to improve myself?

III. The Youth

Keywords: Adventure, New Horizons, Excitement, Independence, Freedom, Rebellion, Impulsiveness, Loyalty, Compromise

Key Phrases

- Quest for adventure
- Live in the moment
- Action without thought
- Defying tradition and conformity
- Greater risk, greater reward
- Assert your independence
- Embrace individuality
- A new direction
- Freedom from fear and doubts
- A time of conflict or turmoil
- Communication and compromise
- Address desires

Questions to consider

Am I communicating effectively?

Does my feeling misunderstood or unheard result in my making poor choices, or inspire rebellious and defiant behaviour that leads to conflict?

Do I make choices without any thought of the outcome, or how my choices may affect others?

Who or what am I loyal to, and is it deserved?

What prevents me from being adventurous and taking a risk?

IV. The Mother

Keywords: Unconditional Love, Intimacy, Nurturing, Compassion, Abundance, Growth, Fruitfulness, Acceptance, Fear, Control, Outcomes

Key Phrases

- Love without conditions
- Encourage gifts and talent
- Emotional intimacy and affection
- Be supportive
- Embrace abundance
- Let go of expectations
- We are all different
- Nurture ideas and goals
- Voice thoughts and feelings
- Forgive past failures
- Release control of others
- Emotional manipulation

Questions to consider

What did my mother teach me?

In what ways can I be unconditionally loving and supportive of myself or others?

Do I say 'yes' more than I should, and 'no' not enough? Do I say 'yes' because I need to be needed?

Do I use emotional manipulation to get my own way?

When did I last show genuine interest in another person, or make another person smile or feel good about themselves?

V. The Father

Keywords: Fatherhood, Leadership, Authority, Protection, Responsibility, Guidance, Support, Compassion, Control

Key Phrases

- The centre of power within the family unit
- A time for decisive action
- A source of strength, not fear
- What did your father teach you?
- Step up and take charge
- Guide, instruct, and inspire confidence
- Be interested and supportive, not critical
- The buck stops with you
- Fulfil your obligations
- Allow others their autonomy
- Share all tasks and responsibilities
- Step out of the Stone Age

Questions to consider

What did my father teach me?

Do I try to control others and my experiences?

Are my beliefs outdated and old-fashioned?

How can I help others and myself to feel more confident?

Do I need to step up and take decisive action?

VI. The Crone

Keywords: Feminine Power, Fearlessness, Authenticity, Individuality, Independence, New Purpose, Freedom, Shadow Self

Key Phrases

- The woman who understands her true nature
- Be aware of your choices
- Be unafraid to walk your path alone
- A life of your own design
- Untapped power and potential
- A fertile and productive future
- A childless state
- Be unbowed and unapologetic
- Respect and cherish your elders
- A direct and forthright approach is needed
- Do what's necessary, not what's expected
- It is time to be fierce and fight back

Questions to consider

Do I need to be more fearless and assertive?

Am I doing what others expect of me, or what fulfils me?

Am I happy in my own skin? If not, what positive steps can I take that will improve my level of self-acceptance?

Am I honouring my self-truth?

How well do I know my shadow self? Do I accept it or reject it?

VII. The Sage

Keywords: Sharing, Communication, Knowledge, Information, Culture, Tradition, Advice, Manipulation

Key Phrases

- Be the storyteller
- Communicate your thoughts and feelings
- Know your audience
- Devote time to research and investigation
- Learn the traditions and customs of others
- Know your ancestors and heritage
- Sage advice, both given and received
- There is no good time to give unsolicited advice
- Question your 'traditional' reactions and responses
- Do not speak so much that you forget to listen
- Be wary of the smooth talker
- Do not embellish the truth

Questions to consider

When I share my story is it factual or embellished?

Do I know my family history, where I come from, our traditions and culture?

How often do I explore other cultures to increase my understanding?

Have I taken the time to research and ascertain if what I share is fact or fiction, truth or opinion?

Do I talk so much that I forget to listen?

VIII. Death/Rebirth

Keywords: Endings, Beginnings, Cycles, Transformation, Transmutation, Change, Growth

Key Phrases

- Let go of the past
- The future is unknowable
- Change is unavoidable
- There is no going back
- Allow yourself to mourn
- Death/rebirth is a gradual process
- Shed your skin
- The dark night of the soul
- Allow innocence to be reborn
- Focus on the short-term future
- A change in beliefs, attitude, or behaviour
- Everything has its season

Questions to consider

Am I afraid of letting go and moving forward?

Have I allowed myself time and space to mourn my losses and let go of disappointment?

How much have I changed? Do I see and acknowledge that change?

Am I afraid of being vulnerable or showing my vulnerability?

Do I allow my life to follow a natural cycle that embraces change, growth, beginnings, and endings?

IX. Knowledge

Keywords: Knowledge, Skills, Understanding, Training, Education, and Practical Experience

Key Phrases

- We exist to learn, as we learn to exist
- Knowledge is power
- Knowledge put to practical use
- Do not limit your potential for learning
- A time of new study and learning
- An opportunity to learn about people and the world
- Surround yourself with books and information
- Bias and its influence
- Improve upon the knowledge that you have
- Learning that aids future goals
- Sharing knowledge
- Skills acquired through practice

Questions to consider

How well do I know myself?

Am I embracing my potential for learning?

Do bias and unfounded prejudice close me to new knowledge?

Do what I learn and know serve a practical purpose?

Am I willing to experiment and learn from my successes *and* my failures?

X. Wisdom

Keywords: Knowledge, Understanding, Awareness, Self-Knowledge, Illumination, Introspection, Withdrawal, Insight, Common Sense

Key Phrases

- You are here to become wise
- Knowledge does not make you wise
- Wisdom is learning from one's mistakes
- Apply knowledge, logic, and common sense
- Learn from more than just books
- Seek out your elders
- Time to break a cycle
- Wisdom is understanding
- Wisdom is loving the whole
- Know and love your shadow
- You have unlimited potential
- The road ahead leads to many destinations

Questions to consider

Do I see a lesson in all that I experience?

My self-talk reveals a lot. Am I mindful of what it says?

If questions are of more value than the answers, am I asking the right questions?

Am I able to see, accept, and respect diversity, even when it challenges my beliefs and worldview?

To be wise is to be a critical thinker. Am I?

XI. Healing

Keywords: Healing, Release, Purification, Forgiveness, Transformation, Infection

Key Phrases

- To be human is to be wounded
- A time to connect body, mind, spirit, and soul
- Let go of definitions and labels
- Nurture passions and seek pleasure
- Authenticity, honesty, and laughter
- Find the source of dis-ease and distress
- Do what's necessary to increase wellbeing
- You need to forgive
- Do not dwell on the unchangeable past
- Shift your attention
- Do not allow your pain to hurt others
- Seek treatment; do not be afraid

Questions to consider

Am I able to ask for help without feeling guilt or shame? If not, then why not?

Is there an emotional or psychological block that prevents me from healing?

If laughter is the best medicine, do I need to laugh more?

Is there a toxic element in my life that needs to be addressed?

What positive steps do I need to take to increase my well-being?

XII. Love

Keywords: Love, Infatuation, Love for Self, Confidence, Love for Life, Expansion

Key Phrases

- Experience love in all its forms
- Love is multifaceted
- Your love will shape you or break you
- A past love re-enters your life
- A love that deserves a second chance
- Love versus infatuation
- Loving who we are
- Honour your body as a temple
- Stop making comparisons
- Make time to love and nurture yourself
- Love and enjoy your uniqueness
- Do what makes your heart sing
- Open your heart to new loves

Questions to consider

Does it make my heart sing?

Do I make time to love and nurture myself?

Do I share my love with others?

Is my love equal to my emotional, mental, and physical investment?

Am I taking what, or whom, I love for granted?

XIII. Union

Keywords: Wholeness, Marriage, Unity, Connection, Integration, Harmony, Alignment, Peace

Key Phrases

- Unity and wholeness
- Harmony arises when we are in alignment
- You have unlimited potential
- A path that marries science and spirituality
- Duality creates separation
- The marriage of body, mind, and soul
- All is connected
- Complete self-acceptance
- Do not dominate, nor be submissive
- At the centre is the void
- You are a temple – worship within
- Fear and need – cornerstones of dependency

Questions to consider

Do I need to take a unified and integrated approach?

Am I adaptable? Do I allow things to ebb and flow of their own accord?

Are body, mind, and spirit in alignment? If not, what do I need to change or focus on?

Am I at peace with my life, myself, and my relationships? If not, why? And am I open to making changes?

Am I living or creating a life that supports my desires, goals, and values?

XIV. Self

Keywords: I Am, Identity, Self-Realisation, Self-Manifestation, Centre, Peace, Acceptance

Key Phrases

- Establish a unique and individual identity
- Be free of definitions and labels
- You have unlimited potential
- The past and how it shapes us
- Identity is fluid and changing
- Who you are is for you to determine
- Fitting in with the wrong crowd
- Know who you are
- Aspiring to be different
- A path of loving expansion
- Let go of a herd mentality
- Think for yourself

Questions to consider

Who am I? How has my life shaped me?

What brings meaning and purpose to my life?

Do I accept and love who I am? Or do I dream of being someone else?

Am I satisfied with my life and future direction? Am I fulfilled?

Am I too easily influenced or led by others?

XV. Abundance

Keywords: Abundance, Consciousness, Giving, Receiving, Energy, Love, Appreciation

Key Phrases

- Abundance is a state of plenty
- Abundance is a feeling
- Abundance surrounds you
- Have faith and conviction
- Complete trust is required
- Your 'rainy day' is today
- Determine your goals and reasons, and set intentions
- A state of contentment not influenced by external factors
- Relax and enjoy yourself
- Generosity ripples outwards
- The more you give, the more you receive
- Appreciate and be grateful

Questions to consider

What do I want more of in my life?

Have I set my intentions, or have I left it to chance?

What motivates me?

What do I have in my life that I cherish and appreciate?

Am I open to the flow of both giving and receiving?

XVI. Destiny

Keywords: Personal Destiny, Universal Destiny, Seeking Answers, Purpose, Quest

Key Phrases

- Your destiny is to become whole and connected
- Your destiny is to lead a life with meaning and purpose
- Step inside and explore heart and mind
- Discover your gifts and talents
- A sense of purpose and confidence
- Ancestral healing may be required
- Break the chain
- Remember your dreams
- Know your strengths and weaknesses
- Sometimes the most important destiny remains hidden
- Your destiny may influence generations to come
- Overcome the trials and obstacles

Questions to answer:

Do I have a unique life path to follow?

Do I believe that my destiny is predetermined, self-determined, or a collaboration between self and Spirit?

Is my destiny unique to me, or do I work with others to manifest a particular 'global' outcome?

Am I willing to fight or make the necessary sacrifices to fulfil my destiny?

Do I devote too much time to seeking my destiny instead of living a life of purpose?

XVII. Journey

Keywords: Experience, Character, The Past, Cause and Effect, Consequence, Conditioning, Environment, External Influences, Providence

Key Phrases

- You are created by your experiences
- Your character is shaped by your past
- The past and its influence
- Reliving the past in the present
- Smile over the good, and make peace with the bad
- Choose quality experiences
- Act with reason and purpose
- Avoid involvement in unwanted conflict
- Create happy memories
- Learn from your journey
- Don't make your truths a prison
- This day is yours to shape

Questions to consider

Have I allowed my past to define me, and, in turn, exert an unhealthy influence on my present and future?

Am I open to the lessons life offers me?

How have my choices and experiences brought me to this moment?

Do I spend too much time planning for the future, instead of living in the present?

Am I making beautiful memories by living in the moment, mindful and invested in the experience I am having now?

XVIII. Thought

Keywords: Thought, Reality, Power, Attention, Focus, Attraction, Positivity, Negativity, Universal Law

Key Phrases

- Thought creates reality
- Thought is the foundation of consciousness
- Don't rush your thinking – be certain
- Thought is energy
- Energy flows where attention goes
- Be mindful of the Universal Laws
- An accord between conscious and unconscious mind
- Be realistic, instead of optimistic or pessimistic
- Good and bad go hand in hand
- Change your mind, change your life
- Do not overthink or speculate
- Question the mind speak that criticises

Questions to consider

How often do I question my thoughts? Do I believe everything I think?

Do I need to change my mind in order to change my life?

Do I need to step out of my comfort zone in order to increase my understanding?

The good or the bad – how, and on what, am I focussing my thoughts?

Am I aware of my thoughts, why I think the way I do, and how they influence my feelings?

XIX. Emotions

Keywords: Emotions, Feelings, Emotional Honesty, Positive Emotions, Negative Emotions, Acknowledgement, Acceptance, Expression

Key Phrases

- All emotions are necessary
- The influence of our emotions
- Use your feelings to evaluate a situation
- Heed the message behind the feeling
- Positive and negative emotions
- Do not prejudge the present based on the past
- Practice acknowledging your feelings
- Fill your day with laughter
- Step back and detach emotionally
- Positive emotions open you to learning
- Repressing emotions creates dis-ease
- Address symptoms of emotional repression

Questions to consider?

Are my feelings either overly negative or positive at the expense of what they both can teach me?

How do I want to feel, and what is one small thing I can do to inspire that feeling?

Am I being mindful of and honest about my feelings? Do I take the time to acknowledge and explore them?

Do I need to step back and detach emotionally from a situation? Or do I need invest more emotional energy?

Am I aware of my feelings, why I feel the way I do, and how my feelings influence my thoughts?

XX. Desire

Keywords: Desires, Wants, Dreams, Ambition, Goals, Price, Gestation, Manifestation, Consequences, Selfishness

Key Phrases

- Your most wanted
- Degree of desire
- Desire compels action
- Make another attempt
- Great expectations, great disappointment
- Ground your desires in reality
- What you desire will have a price
- Wishful thinking
- Evaluating and re-evaluating our desires
- Let your conscience be your guide
- To desire something at the expense of another
- Selfish desires mirror a lack within

Questions to consider

Why do I want this outcome and what will I gain by achieving it?

What would I do if I was fearless?

What am I willing to do to achieve what I desire?

What excuses am I making for not fulfilling my desires?

Have my desires changed or waned over time? Do I need to re-evaluate?

XXI. Perception

Keywords: Perception, Understanding, Worldview, Opinion of Self, Clarity, Objectivity, Understanding

Key Phrases

- Perception shapes your worldview
- Understand what your senses tell you
- Knowledge and understanding are limited
- Changed perception cannot be unchanged
- Emotions and beliefs can cloud perception
- Take the high ground
- Seek a new perspective
- Challenge your perception
- Those who influence our perception
- Have all the facts
- Represent yourself honestly
- Watch for false perception

Questions to consider

How do I respond to what I perceive?

Is how I perceive myself fixed, or evolving, and does it influence how I perceive others?

Am I being objective, or is my perception clouded?

Is a third party influencing my perception of others or a situation?

Do I need to ask more questions in order to find clarity and understanding?

XXII. Intuition

Keywords: Intuition, Signs, Patterns, Synchronicity, Trust, Mystery, Magic

Key Phrases

- Intuition is your sixth sense
- The voice of your unconscious mind
- Heed your intuitive feelings
- Intuitive skill born of practice
- Pick the option that feels right
- Strengthen your intuition
- Tap into your other senses
- Make your best guess
- Be both intuitive and rational
- Watch and observe
- Intuition versus fear
- Seek a second opinion

Questions to consider

Do I believe in intuition?

What is my inner voice saying?

Intuition expands, fear contracts. What is my body telling me?

Are little moments of synchronicity taking place around me?

Is a moment of self-reflection required?

XXIII. Integrity

Keywords: Integrity, Honesty, Honour, Character, Values, Morality, Sincerity, Consistency, Principles, Fairness

Key Phrases

- Act with honesty and honour
- Walk your talk
- Everyone deserves a second chance
- Oppose hypocrisy, dishonesty, cruelty, and injustice
- Practice ethical and honest behaviour
- Do not play favourites
- Be the best person you can be
- Do it for love, not for profit
- Keep your promises
- Do not betray a trust
- Avoid gossip and speaking ill of others
- Do not cheat or take the easy way
- Do not allow injustice or cruelty toward innocents
- Behaviour and actions influence reputation
- We all live in glass houses, so avoid judging

Questions to consider

Do I give my best each and every time?

Do I show the world and the people around me who I really am? Or do I hide my true self?

Am I fair and transparent in my dealings?

Am I honest with myself and with others?

Am I adhering to my moral and ethical convictions?

XXIV. Faith

Keywords: Faith, Self-Belief, Confidence, Divine Connection, Trust, Serenity, Surrender

Key Phrases

- Faith is beautiful
- Self-belief helps you to overcome
- Self-belief and faith inspire confidence
- Doubt breeds mistakes
- Cruel words can do lasting harm
- Be kind and supportive
- Do not give up because of past mistakes
- Set yourself believable goals
- You matter – you are enough
- You are not alone
- Do not be unkind because others have been unkind to you
- Take delight in compliments

Questions to consider

Do I believe in myself, or does my inner critic prevent me from doing so?

Am I capable of trust, even when there is no proof of the outcome attached to it?

Am I being mindful of little signs and moments of synchronicity?

Have I invested my faith and belief in ideals and goals that are worthy of them?

Is it time to surrender, let go, and have faith that the outcome I need will manifest?

THE MINOR ARCANA

EARTH

I. Ace of Earth

Keywords: New Beginnings, Goals, Motivation, Desire, Preparations, Opportunity, Education, Security, Potential Reward, Potential Consequences

Key Phrases

- Practicality and pragmatism
- Starting anew
- New financial or career opportunity
- Reward versus consequence
- Making preparations
- Planning for the future
- Material gain
- A desire for security

Questions to consider

What motivates me?

What are my goals for today, the next week, and both the short-term and long-term future?

How am I going to accomplish my goals? What preparations do I need to make?

Are my goals practical and in alignment with my needs *and* those of my family?

Am I aware of the opportunities available to me?

II. Two of Earth

Keywords: Equilibrium, Flexibility, Adaptability, Balance, Harmony, Compromise, Confidence, Procrastination, Freedom

Key Phrases

- Balancing work and play
- Balancing responsibility and personal needs
- Be open to compromise
- Be confident but grounded
- Realistic goals and expectations
- Take stock and prioritise
- Forgive your limitations
- Ask for help

Questions to consider

Am I able to balance all of my responsibilities without feeling overwhelmed or allowing things to fall by the wayside?

Am I being realistic about what I can accomplish in the time I have available to me?

Is my approach grounded and practical?

Why am I procrastinating and avoiding what I need to do?

Do I need to do less to accomplish more?

III. Three of Earth

Keywords: Ambition, Sowing Seeds, Groundwork, Energy Investment, Sacrifice, Fertility, Outcomes

Key Phrases

- Time to make preparations
- Risking future goals and ambitions
- Investment/sacrifice equals reward
- A time of restriction or adversity
- People notice commitment and dedication
- Increased opportunity
- Be sure of your motives
- Maintain intimacy and connection

Questions to consider

Where do I see myself five years from now?

What steps will help me to accomplish the task ahead of me?

Have I done the necessary groundwork, or am I cutting corners?

Am I willing to wait and work hard, or do I want instant gratification?

Am I coping?

IV. Four of Earth

Keywords: Commitment, Stability, Reliability, Steady Progress, Endurance, Perseverance, Stoicism

Key Phrases

- Slow and steady progress
- One step at a time
- Fear and doubt slow forward momentum
- Do not falter
- Rest and recharge
- A good outcome ahead
- Do not make hasty decisions
- Watch for careless errors

Questions to consider

What can I do to maintain happiness and reduce tedium so my commitment remains strong and progress remains steady?

Do I need to slow down in order to last the distance?

Am I allowing impatience and frustration to cloud my judgement?

Am I completing tasks in the necessary order and managing my time effectively?

Have I checked for errors and mistakes?

V. Five of Earth

Keywords: Easy Options, Easy Money, Connivance, Deception, Unnecessary Risk, Addiction, Blame

Key Phrases

- Avoid easy answers
- Think twice about taking risks
- Something is not as it seems
- Be honest with yourself
- Look beyond selfish desires and blame
- Gambling with another's future or happiness
- You are accountable
- Consider the feelings of others

Questions to consider

Am I being lied to, deceived, or manipulated by others?

Do I have any bad habits or possible addictions that are creating dis-ease and conflict in my life?

Am I blaming others for my mistakes and not taking responsibility for my actions and choices?

Am I taking unnecessary risks?

Do I act at the expense of another's happiness or wellbeing?

VI. Six of Earth

Keywords: Family, Community, Providence, Protection, Dependability, Responsibility, Duty, Service, Self-Sacrifice, Martyrdom

Key Phrases

- Responsibility and duty to family
- Give love, care, and support
- Lead by example
- A time of sharing
- Important matters need attention
- Learn about nature
- Protect the animals, forests, and oceans
- Help for the right reasons

Questions to consider

What can I do to be of service to myself, my family, and my community?

Have I kept my promises and honoured my commitments?

What am I doing to make the world a better place for those who come after me?

Do I act for selfish or altruistic reasons?

Is there something that requires my immediate attention?

VII. Seven of Earth

Keywords: Meditation, Grounding, Connection, Cycles, Change, Interaction, Purification, Stress

Key Phrases

- Get out into nature
- Let Gaia heal you
- Connection between self and the world
- All is connected and has influence
- Address the stress
- Meditate and still your mind
- Put down the tech toys
- Time to physically interact and connect

Questions to consider

When was the last time I went out into nature to ground and reconnect?

Am I maintaining healthy connections with people and the world around me?

My body is a temple – am I maintaining it accordingly?

What am I doing to address and alleviate stress in my life?

Am I working with the seasons and natural cycles? Or am I out of sync?

VIII. Eight of Earth

Keywords: Growth, Manifestation, Accomplishment, Success, Abundance, Wealth, Appreciation

Key Phrases

- Success, wealth, and love
- Do what you love, love what you do
- Make plans for the future
- A time of abundance ahead
- Confidence in a future outcome
- Do not rest on your laurels
- Money does not buy happiness
- Lose the lack mentality

Questions to consider

How do I feel about my personal growth?

Do I acknowledge my accomplishments or only my failures?

What's next for me, once my current goal or objective has manifested?

What positive lesson can I learn from a recent mistake that will help me to succeed this time?

Am I consciously or subconsciously sabotaging my success?

IX. Nine of Earth

Keywords: Altruism, Generosity, Charity, Giving, Receiving, Selflessness, Benevolence, Humility, Self-Love

Key Phrases

- Placing too much value on possessions
- Support a worthy charitable cause
- Give away all that is no longer needed
- Give without bias or expectation
- Heal self by helping others
- Skeletons in the closet
- Charity begins with you
- Address any health concerns

Questions to consider

What do I have that I no longer use or need that can be rehomed?

Do I give myself and others a high level of love and care?

Is there something I can do to pay it forward?

Do I accept a compliment or kindness with grace?

When did I last have a health check? Am I due for another?

X. Ten of Earth

Keywords: Synthesis, Harmony, Highest Ideals, Reward, Inner Peace, Authenticity, Grace,
Look Within

Key Phrases

- A time of reward
- Everything is coming together
- Move through life with surety
- Understand your place and purpose
- Do not be daunted by change
- Strength gained from experience
- Why do you feel a lack?
- Dissatisfaction and discomfort

Questions to consider

Do I see myself as part of the greater whole?

Have I taken off the mask, or am I hiding my true self?

Am I living a life of meaning and purpose?

Are all aspects of my life in harmonious accord?

What can I do to address feelings of dissatisfaction?

XI. Eleven of Earth: Heaven/Earth

Keywords: Above/Below, Nature, Humanity, Magic, Mundane, Material, Immaterial

Key Phrases

- Separation is an illusion
- Centre and align
- Spiritual being in a physical body
- Spirit dwells in nature
- Experience life, and learn from experience
- Symbiotic relationships
- Harm the planet, and you harm humanity
- The ordinary is magical, and the magical is ordinary

Questions to consider

Do I see the magical in the mundane, and the mundane in the magical?

Am I making the most of my human experience by seeing the Divine in the world around me?

Do I incorporate all that I am into everything I do?

Am I honouring self and spirit at all times?

The Seneschal of Earth

Keywords: Servant, Administrator, Mediator, Justice, Law, Organised, Trustworthy, Loyal

Key Phrases

- Service to a higher purpose
- Loyalty to authority
- Speak for others
- Is your power real, or borrowed?
- Follow the rules or directions given
- Use personal power wisely
- Question everything
- Blind loyalty makes one blind

Questions to consider

Is my power real, or borrowed?

Whom do I serve?

Am I approachable to all? And can those around me confide and trust in me?

Does my loyalty to one affect my ability to be just and kind?

Is there something I need to account for or organise?

Queen of Earth

Keywords: Earth Mother, Pragmatic, Real, Kind, Nurturing, Abundant, Fertile Mind, Wise

Key Phrases

- Touch, connect, and create with your hands
- Be supportive and nurturing
- Seek out a motherly role model
- A need for wise and honest counsel
- Kindness is required
- You are loved and supported
- Mother – do not smother
- Share the responsibilities

Questions to consider

Am I being sensible and realistic?

Love, kindness, support, and nurturing – is it time to embody the Earth Mother, or surround myself with Earth Mother types?

Is it time to get out of the office and into the garden?

Am I overwhelming or disempowering those I care about?

When was the last time I *showed* those I care about that I love them? Or myself?

King of Earth

Keywords: Virile, Successful, Industrious, Devoted, Steadfast, Authoritative, Reliable, Dedicated

Key Phrases

- Take pride in accomplishments
- Pay it forward
- Honour your process
- Now is not the time to make changes
- Life is meant to be enjoyed
- Free yourself from control
- Don't be lazy
- Abuse/misuse of power

Questions to consider

Is there a need to be open and candid?

Do I share my methods with others to help them?

Have I taken the time to rejoice in my successes and achievements? Or does a sense of guilt keep me silent?

Should I approach someone in authority for advice?

Am I over-estimating my importance? Could it be time for an ego check?

AIR

I. Ace of Air

Keywords: New Ideas, Personal Truths, Paradigms, Originality, Individualisation, Motivation, Choices, Belief

Key Phrases

- A new personal ideology
- Unlearn and let go
- Fact and genuine knowledge
- Honour personal truths
- Reality is first conceived in the mind
- Know your mind
- Be excited and motivated
- Old beliefs sabotaging future goals

Questions to consider

It is time to act upon an idea. Am I willing to implement it, or discuss it with others?

Am I honouring personal truths that have a foundation in experience?

Do I need to unlearn what I have been taught by others to make way for a new personal ideology?

How does my personal ideology influence my reality, my life, and my choices?

Are my beliefs sabotaging my future goals?

II. Two of Air

Keywords: Duality, Polarity, Separation, Unity, Dichotomy, Integration, Choice, Big Picture

Key Phrases

- Everything has an opposite
- Duality divides and separates
- Polarity unites and integrates
- When you create, you also destroy
- Nothing is ever black and white
- A choice between dichotomy and integration
- Embrace an open mind
- Sometimes both parties can be right

Questions to consider

Is my thinking a little too black and white when an open heart and mind are needed?

Do I need to step back and see the bigger picture?

Do I avoid acknowledging my fears and concerns?

Could speaking to someone with an opposing point of view offer clarity?

I am both positive and negative. Do I view both states with the loving acceptance that they are part of the whole?

III. Three of Air

Keywords: Education, Talent, Study, Willingness, Guides/Teachers, Comprehension, Communication, Perception

Key Phrases

- Expand your mind
- Every experience offers a lesson
- Education is a lifelong process
- Learning aids comprehension
- Lessons repeat until we understand
- Learning transforms talent into skill
- Don't kill the messenger
- Ignorance is nothing to be proud of

Questions to consider

What are my talents? What am I good at?

Should I commit my time and resources to long-term study? Would doing so allow me to turn my talent into practical skill?

Is it time to do research in order to have a better understanding?

Have I taken the necessary time to listen, observe, and evaluate properly?

What have I learned from those around me?

IV. Four of Air

Keywords: Structure, Routine, Order, Patterns, Discipline, Organisation, Understanding, Productivity

Key Phrases

- Order your environment
- Banish clutter, clean house
- Create structure in your day
- Follow a routine
- Keep a time budget
- If you truly want something you, will make time for it
- Limit distraction and time wasters
- Weed out bad habits
- Remove negative influences

Questions to consider

Am I managing my time effectively? Do I need to restore order or embrace a routine?

Is my mind or space in need of decluttering?

Am I willing to make time for those things I believe I want?

Is a disciplined approach required?

Have I embraced bad habits or distractions that provide an emotional payoff, but destroy productivity and waste time?

V. Five of Air

Keywords: Illusion, Reality, Separation, Self-Sabotage, Self-Deception, Criticism, Conditioning, Healing

Key Phrases

- A conflict between reality and belief
- A time for honesty
- Let go of illusion and pretence
- Face a painful reality
- Advice and constructive criticism are not a personal attack
- Drop the mask; reveal your true self
- You are not alone
- Forgive others for wearing their masks

Questions to consider

Do I take an objective stance when I, or something I have done, is criticised? Or do I see it as a personal attack?

Does my inability to listen to critical advice or commentary prevent me from succeeding?

Am I deceiving myself and others by hiding behind lies so I will be seen in a positive light?

Do I believe I am deserving of success?

Am I judging another harshly for behaviour I am, or have been, guilty of myself?

VI. Six of Air

Keywords: Solutions, Comparisons, Compromise, Open-Mindedness, Mindfulness, Illumination, Epiphany, Personal Power

Key Phrases

- A time of research and investigation
- Look at and compare a range of options
- Weigh the pros and cons
- Be willing to compromise
- Don't let rigidity hamper possible success
- A moment of epiphany
- Step into your personal power
- Do not discredit what others offer

Questions to consider

What problem needs to be resolved?

What do I need to do in order to bring about a solution or resolution?

What are my options?

Is compromise necessary?

Do I take full ownership and responsibility for my beliefs and how they influence my choices and actions?

VII. Seven of Air

Keywords: Spirituality, Religion, Politics, Personal Dogma, Atheism, Fundamentalism, Indoctrination, Kindness

Key Phrases

- It's not what we believe, but how we believe
- Lift others up
- Beliefs that make us kinder people
- Losing friends and family because of our beliefs
- There are many ways, not just your way
- Educate, don't indoctrinate
- Seek a kind approach
- Moderate fundamentalist beliefs

Questions to consider

Do I lift others up, or tear them down?

Do my spiritual beliefs and practices make me a happier, healthier person?

Which do I want to be – right or kind?

Do my spiritual beliefs embrace or separate?

Do I believe myself to be spiritually superior to others?

VIII. Eight of Air

Keywords: The Ego, Truth, Power, Responsibility, Consequences, Cause and Effect, Lessons Learned, Memory

Key Phrases

- Ego does not always tell the truth
- Effect will always follow cause
- Time to change your ways
- Admit that you made a mistake
- Self-justification does not mitigate harm
- Consequences are inescapable
- We *all* make mistakes
- Memory is imperfect

Questions to consider

Is my ego friend or foe?

Do I have conflicting beliefs? Are my beliefs and actions contradictory?

Is my ego protecting me from a harsh truth or a dissonant reality?

Is what I remember accurate?

How much do my memories influence my present and future?

IX. Nine of Air

Keywords: Self-Awareness, Universal Consciousness, Understanding, Insight, Vision, Imagination, Fantasy, Creativity

Key Phrases

- Open to possibility
- Possibilities are infinite
- Know thyself and know the Universe
- What dwells within you dwells within nature
- Belief creates
- All that exists was first imagined
- Fantasy is the birthplace of reality
- You were born to create
- Imagine your fears away

Questions to consider

How well do I know my own mind?

Do I embrace the power of my imagination and put my imaginings to good use?

Is my approach or idea innovative and original?

Do my fears and self-doubt stifle my creativity?

Does my imagination create monsters and shadows, or beauty and light?

X. Ten of Air

Keywords: Individuation, Self-actualisation, Liberation, Altered Perception, New Paradigms, Great Mystery, Paradox, Potential

Key Phrases

- A time of independence
- Say goodbye to the public persona
- No longer bound by another's opinion
- Walk your own path
- Humans are paradoxical by nature
- See and know your potential
- The self is whole
- Time to grow up and leave home

Questions to consider

Do I recognise and embrace my uniqueness and individuality?

Do I think, act, and behave independently? Am I walking my own path or am I allowing others – family or friends – to determine my direction?

How much do I care about what others think of me?

Have I sacrificed my own independence, goals, or future happiness for another? What price will I pay for doing so?

Am I looking to the unknown future or the unchangeable past?

XI. Eleven of Air: Body/Mind

Keywords: Imagination, Reality, Fact, Opinion, Body, Mind, Open Mind, Narrow Mind

Key Phrases

- Be open-minded and questioning
- You are only limited by your mind
- Be discerning
- How is your mind affecting your body?
- How is your body affecting your mind?
- Facts are certainties
- Opinions are not facts
- We can only change ourselves

Questions to consider

Am I being both open-minded *and* questioning?

Does my scepticism limit my potential?

Is it real? Or am I imagining things?

Are a little discernment and good judgement required?

How are my mind and my beliefs affecting my body, and how are my body and lifestyle affecting my mind?

The Scribe of Air

Keywords: Record-Keeper, Information, Knowledge, Tradition, History, Personal History, Preservation, Censorship

Key Phrases

- Look for an unbiased source
- Be objective and seek multiple perspectives
- Visit the library or archives
- Value the written word by writing things down
- Document your life journey
- Make multiple copies of your digital files
- A need to censor yourself
- Guard your personal information

Questions to consider

Who controls the information I have access to? Is it unbiased and impartial?

Am I unbiased and impartial?

Do I believe because I want to believe? Or do I believe because it is both true and factually accurate?

When did I last back up my digital information, and is my personal information protected?

Have I forgotten the value of writing things down and preserving precious memories on paper?

Queen of Air

Keywords: Weaver, Observant, Wise, Truthful, Analytical, Strategist, Just, Detachment

Key Phrases

- Time to be realistic
- Be observant
- Plan, organise, and determine your course of action
- A need for emotional detachment
- Be decisive and precise
- Choose your words with care
- Stick to the facts
- Don't allow your intellect to alienate

Questions to consider

Head or heart? Am I allowing my emotions to cloud my judgement?

Is an emotional response, or one born of an intuitive feeling, counterproductive at this time?

Do I speak and act with honesty and authority?

Does the situation call for a strategic approach?

Am I being just and fair?

King of Air

Keywords: Disciplined, Ethical, Commanding, Expert, Forceful, Precise, Rule-Oriented, Respectful

Key Phrases

- A time for ethical behaviour
- No room for compromise
- Seek the advice of an expert
- Respect the rules or laws
- Keep your judgement free of emotional impediment
- Don't be drawn into an argument
- Why are you pushing boundaries?
- Don't reject unsolicited advice

Questions to consider

Do I require legal or financial advice?

Do I know where I stand?

Am I pushing boundaries because those boundaries need to be shifted? Or am I pushing them just because they are there?

Am I guilty of gas-lighting others and filling them with doubt?

Do I need to approach someone who is not involved or emotionally invested for advice or help?

FIRE

I. Ace of Fire

Keywords: New Beginnings, Initiative, Action, Conception, Invention, Creation, Creativity, Procrastination

Key Phrases

- New beginnings and opportunities
- Actively pursue your goals
- Take advantage of what's being offered
- Move beyond research and planning
- Weave your future into being
- Take something old and make it better
- Break with tradition and offer something new
- Uncertainty inspires procrastination

Questions to ask:

Am I waiting for permission to act? Do I need to take the initiative and just go for it?

What kind of action is required at this moment – none, gentle, or aggressive?

Have I taken an innovative or inventive approach? Am I offering something new?

I need to say 'yes' more often. Am I acting on **all** opportunities available to me?

Do I need to take a moment to clarify my intentions and goals before I act on them?

II. Two of Fire

Keywords: Power-Sharing, Mentorship, Partnerships, Equality, Teamwork, Mutual Interests, Ambition, Control

Key Phrases

- Align yourself with another
- A power-sharing situation
- Two heads are better than one
- A time for teamwork and cooperation
- Seek one who will teach much needed skills
- An equal exchange of energy
- Someone who will help you overcome obstacles
- A struggle for power

Questions to consider

Do I require help or assistance?

Would a mentor help me to learn the skills required?

Is our relationship a harmonious one, where each of us works to our strengths?

Equal partnership, equal investment – am I doing the lion's share of the work, or am allowing my partner to carry the load by themselves?

Is a need to be the one in charge causing conflict within the team?

III. Three of Fire

Keywords: Action, Implementation, Exploration, Expression, Energy, Hard Work, Sacrifice, Imitation

Key Phrases

- Necessary sacrifice
- Experiment, practice, and refine
- Avoid copying those who inspire
- Step out into the great unknown and trust
- Put your objectives first
- Avoid cutting corners
- Pay attention to details
- Have you lost your direction?

Questions to consider

In what ways can I best express myself? Do I have an idea or creative venture that I would like implement?

Is my idea unique or innovative?

Is it relevant in the present?

Is now the right time to explore and experiment?

Am I afraid of missing out, while I am required to focus and work hard?

IV. Four of Fire

Keywords: Action, Concentration, Focussed Energy, Application, Practice, Increased Skill, Impetus, Work Ethic

Key Phrases

- Focussed mind, emotion, and deliberate action
- Creating impetus and momentum
- Establish a good work ethic
- Establish a creative process
- Devote time to regular practice
- Be willing and prepared
- Pay your dues
- Something is falling short of its target

Questions to consider

Do I have the discipline to devote regular time and energy to repeated practice and application?

What are my key distractions, and how greatly do they impact on my productivity and momentum?

What is my creative process, and do I understand it, honour it, and, more importantly, enjoy it?

Does it feel natural and flowing?

Have I double-checked everything and made adjustments where needed?

V. Five of Fire

Keywords: Rivalry, Competition, Aggression, Bullying, Conflict, Discord, Chaos, Obstacles

Key Phrases

- A time of chaos, conflict, or confrontation
- A battle for control or dominance
- A desire for power, influence, or wealth
- Do not judge or condemn others
- Base your concerns in fact
- Avoid pack-mentality behaviour
- Make no place for bullying
- Focus on your vision, not on what others are doing

Questions to consider

Am I headed toward a confrontation? Does the way in which I communicate and behave come across as aggressive?

Have I allowed a friendship to make me an unwitting contributor to bullying or condemning behaviour?

Do I believe I have the right to question another person's lifestyle choices?

Am I being overly aggressive in my actions and behaviour when it comes to those I perceive to be my rivals?

Am I treating others how I would like to be treated?

VI. Six of Fire

Keywords: Healing, Mediation, Negotiation, Arbitration, Truce, Boundaries, Support, Diplomacy

Key Phrases

- Resolution is needed
- Communication and diplomacy required
- Be willing to make concessions
- Let go of bias, be open-minded
- Two sides to every disagreement
- Know the facts
- Understand your rights
- Don't be stubborn

Questions to consider

Is it time to bring in a mediator or seek legal advice?

Am I willing to concede that we could *both* be right and find middle ground or compromise?

Do I understand my rights and responsibilities?

Is my unwillingness to communicate preventing a possible resolution from being found?

Would the better choice be to be just and kind, instead of right and enforcing the law?

VII. Seven of Fire

Keywords: Divination, Signs, Heeding Intuition, Looking Within, Seeking Answers, Discovery, Awareness, Trust

Key Phrases

- Heed your intuition
- A feeling of recognition
- Inexplicable coincidences
- Moments that repeat
- Personal interpretation is crucial
- Only you know the answer
- Look beyond the surface
- Observe and be aware

Questions to consider

Are there repeating patterns within myself and those around me that affect my behaviour and actions?

Am I paying attention, observing the world and the people around me, and seeing those moments of synchronicity?

Have there been any recent inexplicable coincidences?

What does it mean or represent to me on a symbolic or personal level?

Am I paying too much attention to what others say, instead of divining my own answers?

VIII. Eight of Fire

Keywords: Action, Change, Transformation, Transmutation, Rebirth, Freedom, Renewed Purpose, Joy

Key Phrases

- Transformation through action
- Change on a physical level
- It is time to act
- Give something a new purpose
- Transmute negative energy
- A renewed sense of purpose
- Don't be lazy
- Inaction may yield unwelcome changes

Questions to consider

Did I, or do I need to, make time for physical activity or exercise today?

Is it time to lose weight or improve my mobility and physical fitness?

Do I need to make sweeping changes in my life? Is it time to “clean house” by decluttering, moving house, or by changing jobs or career paths?

What changes can I make to create a renewed sense of purpose?

Have I become a person who is all talk and no action?

IX. Nine of Fire

Keywords: Attainment, Fruition, Inspiration, Creation, Ease, Simplicity, Detachment, Restrictions

Key Phrases

- Move through life with confidence
- A time of fruition and attainment
- Knowledge and experience bring ease
- Do not seek praise or affirmation
- Give your best every time
- Once you have finished, move on
- Simplify your life
- Remove obstructions and restrictions

Questions to consider

Do I give my best each and every time?

What can I do to create more flow and ease?

Am I putting my knowledge and practical skills to good use?

Am I making my life or a situation more difficult by over-complicating things? Is it time to let go and simplify?

What steps can I take in order to overcome a challenge or restriction in a beneficial way the next time one arises?

X. Ten of Fire

Keywords: Doing, Self-Mastery, Mastery, Evolution, Enlightenment, Lightwork, Light being, Discipline

Key Phrases

- Mastery of both craft and self
- Take command of yourself and life
- Take responsibility for your actions
- Do not be a slave to outside forces
- Order, structure, and simplicity
- Be disciplined and dedicated
- Stop making excuses – act
- You can do anything you set your mind to and act upon

Questions to consider

Am I using my knowledge to actively create a life of my own choosing and design?

Self-mastery requires that I be in control and flexible and adaptable. Am I?

Are the outcomes I desire clear in mind, and am I both disciplined and dedicated when it comes to actioning them?

Am I making excuses?

Am I doing things the hard way, or the smart way?

XI. Eleven of Fire: Masculine/Feminine

Keywords: Passive/Aggressive, Creation/Destruction, Action/Inaction, Masculine/Feminine

Key Phrases

- Put aside gender stereotypes
- We are both masculine and feminine
- Masculine energy serves to protect
- Feminine energy serves to nurture
- Too much of one, not enough of the other?
- Time to evaluate and realign
- Allow the energy to increase and ebb
- Embrace the energy that best suits your needs

Questions to consider

Am I choosing a path of inaction when action is required?

Am I afraid to be aggressive because I see it as being only destructive?

Am I allowing the masculine and feminine energy within me to ebb and flow as needed?

As a man, am I denying, repressing, or rejecting my feminine side?

As a woman, am I denying, repressing, or rejecting my masculine side?

The Hero of Fire

Keywords: Guardian, Protector, Saviour, Activist, Honourable, Integral, Selfless, Honest

Key Phrases

- A person of noble qualities
- Ordinary people who do extraordinary acts
- A person who lies cannot be trusted
- Put another's wellbeing before your own at this time
- Accord others with respect and dignity
- Avoid gossip
- An opportunity for redemption
- Give a second chance
- Altruism? Or wounded ego?

Questions to consider

Do I work for the greater good, taking an active approach to defend and serve when needed?

Do I act with honour, honesty, and integrity?

Is an innocent party in need of my protection or support?

What motivates my desire to act? Do I help others for altruistic reasons, for personal gain, or for redemption for past wrongs?

Do I need to be the hero and rescue myself?

Queen of Fire

Keywords: Warm, Vibrant, Sexual, Sensual, Independence, Primal, Expansive, Energetic

Key Phrases

- Be optimistic and enthusiastic
- Engage and stimulate all senses
- Give your full attention
- Be focussed and confident
- Take pleasure in life
- Don't second-guess yourself
- Hold your head up high
- Avoid petty behaviour

Questions to consider

Am I leading a sensory life that puts my senses and their amazing gifts to good use?

Do I know someone with a vast network of friends and social acquaintances who can aid my cause?

Are doubts preventing me from acting upon an idea or plan that I know will bring positive change and growth to my life?

Do I need to make a proactive choice not to focus on the lack in my life, by instead choosing to focus on taking part in activities and being around people who bring me joy?

Am I seeking attention in a manner that harms and dishonours me and hurts others?

King of Fire

Keywords: Proactive, Dauntless, Inspirational, Vital, Powerful, Passionate, Charismatic, Involved

Key Phrases

- Ground and focus your passion
- Be more than an ideas person
- Remain involved from start to finish
- Be dauntless
- Every leader is part of a team – delegate
- Respect your position by respecting others
- Show your appreciation
- Keep your temper in check

Questions to consider

Do I want to lead? Or do I want to follow?

Am I willing to do for others what I ask them to do for me?

Do I need to be more involved, or do I need to delegate?

Have I brought together all of the people necessary to achieving the desired outcome?

Am I allowing my temper to get the better of me? Is it time to step back and think first, before I react?

WATER

I. Ace of Water

Keywords: New Emotions, First Love, Infatuation, Attraction, Lust, Longing, Excitement, Passion

Key Phrases

- An exciting beginning
- Take a leap of faith
- Open your heart
- Follow passion's lead
- A new experience or opportunity
- A new friendship
- Stop fighting your feelings
- Free of fear's influence

Questions to consider

I have a new interest. Am I allowing myself to go with the flow and see where passion takes me?

What do I expect from a relationship, whether it be platonic or romantic? Are my expectations realistic, and could they hamper healthy growth of a new relationship?

Does a new romantic relationship or exploring a new interest fit with my life and my future plans?

Am I afraid, or do I have legitimate concerns about a new relationship?

Am I emotionally available to others?

II. Two of Water

Keywords: Intimacy, Closeness, Trust, Commitment, Reconciliation, Equality, Union, Co-Dependency, Taking Sides

Key Phrases

- Going beyond infatuation and attraction
- A meeting of minds and hearts
- Intimacy – sharing, giving, and communication
- Time to forgive and seek reconciliation
- Put aside judgement and blame
- Cherish all of your loves
- Maintain independence and avoid co-dependence
- Avoid taking sides

Questions to consider

Do we share, enrich, and enhance each other's lives?

How close are we? Do I feel confident sharing my most vulnerable self with this person?

Who do I love, who loves me, and how do I *show* them that I care?

Reconciliation – is it time to forgive and apologise?

Have I lost or forsaken my sense of self – my identity and independence – in order to keep my partner happy?

III. Three of Water

Keywords: Satisfaction, Pleasure, Joy, Hopefulness, Anticipation, Attachment, Expectation, Disappointment

Key Phrases

- Celebrate your victories
- Take satisfaction from your endeavours
- Look to the future with anticipation
- Your success will continue
- A rewarding outcome
- An exciting future
- Free yourself of unrealistic expectations
- Allow the outcome to manifest freely

Questions to consider

What is my definition of success?

How often do I partake in pleasurable experiences that bring me joy?

What satisfies me – relationships, wealth, growth, learning, life experiences? Is there more I could be doing to increase my satisfaction?

How do I feel about my accomplishments? Do I acknowledge and celebrate them – or ignore them?

Will I be disappointed if the outcome is not the one I want? If so, what can I do in the present that will allow for a range of positive outcomes?

IV. Four of Water

Keywords: Confidence, Awareness, Self-Acceptance, Forgiving, Self-Belief, Deserving, Receptive, Consequences

Key Phrases

- You are beautiful
- Be aware of weaknesses, but focus on strengths
- A mistake is an opportunity to learn
- Love yourself for who you are
- Let go of the ideal of perfection
- Happiness at another's expense
- The emotional cost of your actions
- A need to forgive yourself

Questions to consider

What do I love about myself?

Am I a confident person? What things contribute to my feeling of confidence?

Do I forgive my mistakes, learn from them, and then move on?

Do I see that my worth is enhanced by both my successes and my failures?

Will the path I choose bring heartache to another? How high will the emotional cost be if I choose to continue?

V. Five of Water

Keywords: Loss, Betrayal, Fear, Doubt, Hopelessness, Isolation, Self-Pity, Blame

Key Phrases

- Feeling alone and isolated
- Without hope
- Consumed by fears and doubts
- Unable to see a way forward
- Trapped in the moment
- Feeling angry and betrayed
- Mourn your loss
- Playing the victim

Questions to consider

Am I allowing myself to mourn my losses in a patient and loving manner?

Am I isolating myself from those who care?

What positive and healthful choices and activities will help me to better cope with and accept my loss?

Am I willing to allow myself to be vulnerable again?

Have I become a prisoner to emotions and memories that no longer serve or honour me?

VI. Six of Water

Keywords: Kindness, Concern, Sympathy, Compassion, Understanding, Forgiveness, Love, Ideals

Key Phrases

- The ideal of kindness and compassion
- See all that is good and pure in humanity
- Strive to be better
- Embrace healthy boundaries
- Accept that you will falter
- Overcome obstacles with gentle determination
- Do not meet aggression with aggression
- Be kind and walk away

Questions to consider

Do I surround myself with non-judgmental and genuinely understanding and supportive people?

What prevents me from being kind to myself?

Do I strive to meet an impossible ideal?

Should I be concerned?

Do I need to be kind instead of right?

VII. Seven of Water

Keywords: Knowing, Trust, Faith, Surrender (Control), Release, Peace, Certainty, Passive

Key Phrases

- Surrender to the flow of life
- Relinquish the need to control
- All happens as it is meant to
- The future will bring what you need, not what you want
- Control is an illusion
- Your influence on the future is limited
- Yield and be flexible
- A gentle, passive approach

Questions to consider

What am I afraid of?

Do trust in myself?

Do I have the strength and courage to surrender?

Am I at risk of sabotaging my happiness because I am trying to control all that I experience?

Am I surrendering? Or choosing to be complacent?

VIII. Eight of Water

Keywords: Gratitude, Appreciation, Delight, Joyfulness, Happiness, Positivity, Pride, Harmony

Key Phrases

- A positive state of appreciation
- The attitude of gratitude
- Create a positive environment
- Be prideful, not boastful
- Cherish what you have now
- If you are already unhappy, more will not make you happier
- Focus on all that is good in your life
- Question an unnecessary desire for more

Questions to consider

What or who made me laugh or smile today?

What do I have in my life that I am grateful for?

What choices or experiences have I made or had in the last five years that have changed my life for the better? What did those moments teach me?

What have I learned from my mistakes that have made me a better and more confident person?

How do I show others I appreciate them?

IX. Nine of Water

Keywords: Illumination, Acceptance, Openness, Emotional Enlightenment, Strength, Courage, Fear, Ignorance

Key Phrases

- Open your heart
- Past experiences leave an emotional imprint
- The weight of our emotions
- Shine a light on the source of the emotional pain
- The effect of past experiences on the present moment
- Emotional enlightenment – the process of becoming lighter
- Ignorance is *not* bliss
- Break the cycle; remove the emotional hooks

Questions to consider

What are my emotional triggers?

What emotional weight am I holding onto that I need to let go of?

Do I need to remember that I am more than the emotion I am feeling?

Do I take ownership of my emotional reactions and change them if they are creating discord in my life? Or do I choose to react from a place of blissful ignorance?

What emotion do I have trouble expressing, and why?

X. Ten of Water

Keywords: Universal Love, Divine Connection, Centredness, Serenity, Peace, Oneness, Boundaries, Disruption

Key Phrases

- Truly living in the present
- A feeling of divine connection
- A time of serenity and ease
- A positive emotional state
- Power born of knowledge and understanding
- The power to consciously project your energy
- Say 'no' to disruptive influences
- Giving life and power to shadows

Questions to consider

What can I do to increase my ability to remain calm and centred in a time of crisis or chaos?

Do I foster an emotional connection with all that surrounds me by living in the moment?

What emotional energy am I projecting? What does it say about me?

Am I investing too much emotion in something that has no real foundation or substance?

Am I allowing others to disrespect my personal boundaries? Am *I* not respecting my personal boundaries?

XI. Eleven of Water: Emotion/Intellect

Keywords: Emotion, Intellect, Love, Fear, Expression, Suppression, Head, Heart, Ease, Dis-ease

Key Phrases

- Influence of emotional disharmony
- Both love and fear motivate
- Is fear the more dominant force?
- Unvoiced emotions must be expressed
- Suppressed emotion creates dis-ease
- Address unhealthy imbalances
- Seek a productive means of emotional release
- Be proactive and mindful of your emotions

Questions to consider

Am I afraid of the darkness that dwells within me?

Am I able to express myself? Or do I hold back because what I am thinking or feeling might expose me to the judgment of others?

Is there an emotional imbalance in my life that needs to be addressed?

Are my fears and doubts preventing me from ending a situation or relationship that is causing unhappiness?

Is my emotional state affecting my health and wellbeing?

The Counsellor of Water

Keywords: Empathetic, Wise, Objective Advice, Trustworthy, Emotional Understanding, Clarity, Sharing

Key Phrases

- A time of questions and mixed emotions
- Seek objective counsel
- Look beyond the words to the emotions
- Mixed or confused emotions
- Listen, listen – HEAR
- An emotionally complex situation
- A lack of empathy
- An opportunity for understanding
- Be receptive, not rejecting
- Are feelings preventing a resolution?

Questions to consider

Am I empathetic? Is this something I need to work on or employ in a particular situation?

Would talking less and listening more help me to understand?

How am I feeling, and why? How might what I am feeling affect my ability to be objective and empathetic toward others?

If I were in their position, how would I feel or react? Would I know when to give advice and when to just listen and support?

Mixed up and confused? Do I need wise counsel?

Queen of Water

Keywords: Loving, Compassionate, Empathetic, Sensitive, Vulnerable, Romantic, Intuitive, Emotional Honesty

Key Phrases

- Trust in your feelings and senses
- Look beyond the surface
- A bright and positive outcome
- To show vulnerability is to show strength
- Are you over-extending emotionally?
- Be the embodiment of love
- Withdrawing love as punishment
- Use your common sense

Questions to consider

Is there someone in my life who needs, or would benefit from, my help and loving support?

Do I need advice on matters of the heart?

Do I need to look within, or beneath the surface?

What are my senses and emotions telling me? How do I feel?

Do I use my love as a weapon by withdrawing my support and care when I am hurt, displeased, or disappointed?

King of Water

Keywords: Calm, Contemplative, Insightful, Fluid, Balanced, Protective, Nurturing, Jealousy, Possessiveness

Key Phrases

- Safe harbour in a storm
- Let go of gender bias
- Strength born of adaptability
- Be present in your relationships
- Marry critical thinking and emotional logic
- Allow your feelings to guide a decision
- A need for excitement
- Address a cause for jealousy

Questions to consider

Do I use both critical thinking and emotional logic?

Do I consider my feelings and the feelings of others when I make my decisions?

Do I allow myself to relax and 'just be' in times of peace and calm?

Am I guilty of gender bias in my belief that men and women have different emotional wants and needs?

Are my fears and insecurity driving a wedge between myself and those I love?

A FEW WORDS FROM THE AUTHOR

I was going to do the expected thing and write a biography that tells you all about me, but instead, I offer you these words.

I am me.

If I were to write an 'About the Author' chapter, I would love to just write the words above and leave it at that. However, I am not sure if my sense of humour would be appreciated or understood by everyone. I balk at writing more because, all too often, I find myself looking back at old biographies and 'about me' chapters I have written in the past, and find myself feeling disconnected, as if I am reading the words of a stranger. They are a reflection of the person I was at the time of writing, but in the present, they are no longer an accurate reflection of who I am.

I find myself looking back at my beliefs, my thoughts, and my feelings, and seeing how much I have changed. My paintings have changed. How I paint has changed. Even the language I use when I write is subject to change. Over the years, I have watched as what I write has become less rigid and dogmatic, more flowing and expansive, but still revealing, to me, the thoughts, beliefs, and feelings that were influencing me at the time.

I am always honest, but in offering honesty, I have to say that sometimes even the truths I once held dear are no longer my truths, or my reality, in the present.

I am ever-evolving and changing. Like a tree from one season to the next, my branches have lengthened, new smaller branches have formed where others have withered and fallen away, my trunk is a little thicker (too thick for my liking), and my roots have buried themselves even deeper into the earth.

I am changed. I am no longer the person I was. That person has been undone. She is no longer. My words and my paintings are but an echo of what was.

The words I write now are a reflection of the person I am in the present, and I write them knowing that I will have grown to become someone different by the time this tarot is

published, and you are reading these words.

That is why, when I set to writing the tarot, I did my best to keep my personal spiritual beliefs out of the mix as much as possible. My beliefs change, so to bind the tarot to the beliefs that I held at one point in time prevents it from being free to evolve as I do. This tarot has no real philosophy or message, other than to seek, feel, grow, and heal. It is not meant to be more, unless you choose to make it so.

In the present, I do not desire to influence others in any other manner except to help them open their minds and explore the realms they find within. I am not here to tell you how you should live, or how or what you should believe. I am a toolmaker. It is my place and purpose to create tools that enable you to best determine how you live, and what you will believe, all by yourself.

Working on the tarot has changed me. It has made me a stronger, happier, kinder, and more peaceful person. It has helped me to love me a little more than I did. It has unmade me and recreated me. It has helped me to peel away the layers, and come to a place and moment when I can answer the question, 'Who is Ravynne?' (Oh, it's pronounced RAVEN, not RAVEEN.)

The only answer that comes is ... I am me. I am creative. I am fulfilled. I am at peace.

In this moment, I am who I am meant to be, and I would not make a single choice differently.

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I would also like to thank the amazing and generous souls among my inner circle of friends. You know who you are. You are my heart family. You kept me sane in the moments when I was sure sanity had fled. You kept me going, and helped me to pick up the pieces when my world crumbled around me. You lifted me up with your love and support. I am blessed to have you in my life, and I am eternally grateful.

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